

June 15, 2025
HEBREWS 12:1-13
“Discipline Yields Strength And Resolve”

PRINCIPLES AND PRACTICAL APPLICATION

Since believers today have such an outstanding witness given them by those who came before; believers ought to be encouraged by their testimonies to run their own race with perseverance.

Set aside whatever hinders you from running your race well. Distractions come along to cause one's focus to go to other concerns of life. Notice that these entrapments hinder one's walk of faith.

Punishment is educational. Do not despise it, embrace it, and ask; Lord what are You trying to teach me?

This discipline we find so unnerving is life-preserving. Let the discipline have its full effect on your life. Strive to have a teachable spirit.

Christians, put off every sin. They can entangle the runner. It is like a bird feeding in the water and becoming entangled in the abandoned fishing line of a thoughtless angler. Crippling, sin, the author writes, is the same. This is a marathon, not a sprint. That is what the heroes of **chapter 11** did. Run with: endurance, persistence, and marathon minded perseverance. Eyes on Jesus. No divided attention.

Christian suffering is rightly understood when a believer sees God as their Father correcting and directing their way.

If you find yourself in God's woodshed now and then, that is a sure sign that you are His property. Suffering will not so easily dismay one if he knows that this pain they are suffering is from God. Scripture links suffering and sonship. God uses suffering as a teaching tool. Accept suffering in the right spirit or it will not produce right results.

Application:

When a person enters a race, if he or she is dedicated to the cause of winning they will do well. Erwin Lutzer even has a Bible teaching radio program named, "Running To Win." Trust God and obey Him and your race will not end shipwrecked by sin. Strength and resolve come from understanding the benefits of God's discipline. Run your race well!